


All meals include milk.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Mozzarella Chicken w/ Marinara Sauce Penne Pasta Broccoli Fresh Fruit Spinach Salad	3	4	5 BBQ Beef Riblet Au Gratin Potatoes Green Beans Fruit Pudding Parfait
8	9 Sausage Gravy w/ Biscuit Egg & Cheese Omelet Diced Potatoes w/ onions Fresh Fruit Raw Bell Pepper Sticks	10	11	12 FATHER'S DAY MEAL! Turkey w/ Gravy Mashed Potatoes Cooked Carrots Whole Wheat Roll Fresh Fruit Peach Pie
15	16 Chicken Noodle Soup w/ celery & carrots Chicken Salad Sandwich Cherry Tomatoes Fruit Cottage Cheese	17		19 CLOSED in OBSERVANCE of WV DAY!
22	23 Swiss Steak w/ tomatoes & onions Potato Wedges Corn Broccoli Salad Fruit, Whole Wheat Roll	24	25	26 Lasagna w/ meat sauce Garlic Bread Italian Veggies Salad Fresh Fruit
29	30 Polish Sausage w/ peppers & onions on Bun Baked Fries 3 Bean Salad Fruit & Cookie	Center is open Tuesday & Friday 9am-2pm Lunch served at Noon		
<p>If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.</p>				<p>MENU IS SUBJECT TO CHANGE</p>