

APRIL 2024

Springfield Senior Center - The Cottage: 304-822-7627 Administration Office: 304-822-4097

All meals include milk.
Dinner served at 4 pm.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Beef Stroganoff Green Beans/Corn Salad Garlic Bread Dessert	3	4 Flounder Vegetable Rice Coleslaw Roll Fruit	5 Salisbury Steak w/ Gravy Mashed Potatoes Peas & Carrots Fruit Dessert
8	9 Broccoli Cheese Soup Tuna Salad on Bun Cucumber, Tomato, Onion Salad Potato Chips Fruit	10	11 Hamburger on Bun Lettuce & Tomato Tater Tots Fruit Dessert	12 Meatloaf Mashed Potatoes Succotash Biscuit Dessert
15	16 Creamed Turkey w/ Biscuit Mashed Potatoes Peas Fruit Dessert	17	18 Spaghetti w/ Meat Sauce Green Beans Salad Garlic Bread Fruit or Dessert	19 Honey Mustard Chicken Coleslaw Broccoli Roll Fruit
22	23 Fish Fillet on Bun Macaroni & Cheese Peas Fruit Dessert	24	25 COOK'S CHOICE	26 Oven Fried Chicken Macaroni Salad Baked Beans Biscuit Fruit
29	30 Chicken Tenders Mashed Potatoes w/ Gravy Carrots Biscuit Fruit	Center is open 2:00PM-5:00PM Tues., Thurs. & Fri.		

If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed. **Menu is subject to change.**