


All meals include milk.

**THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Fish Fillet on Bun w/ lettuce & tomato Vegetable Rice Brussel Sprouts Fruit Coleslaw	<b>2</b> Mozzarella Chicken w/ Marinara Sauce Penne Pasta Broccoli Fresh Fruit Spinach Salad	<b>3</b> COOK'S CHOICE	<b>4</b> Baked Ham Slice Macaroni & Cheese California Blend Fresh Fruit Biscuit	<b>5</b> BBQ Beef Riblet Au Gratin Potatoes Green Beans Fruit Pudding Parfait
<b>8</b> Beef & Bean Burrito Asparagus Mexican Street Corn Side Salad Fruit Dessert	<b>9</b> Sausage Gravy w/ Biscuit Egg & Cheese Omelet Diced Potatoes w/ onions Fresh Fruit Raw Bell Pepper Sticks	<b>10</b> Steak Salad Fresh Fruit Whole Wheat Roll Dessert	<b>11</b> BBQ Chicken Breast Scalloped Potatoes Baked Beans Coleslaw Fruit	<b>12</b> Turkey w/ Gravy Mashed Potatoes Cooked Carrots Wheat Bread Fresh Fruit
<b>15</b> Chef Salad Wheat Crackers Fruit Dessert	<b>16</b> Chicken Noodle Soup w/ celery & carrots Chicken Salad Sandwich Cherry Tomatoes Fruit Cottage Cheese	<b>17</b> Chili, Cheese Nachos Refried Beans Mexican Corn Salsa Fresh Fruit	<b>18 FATHER'S DAY MEAL!</b> Salisbury Steak w/ Gravy Baby Bakers Green Beans Fresh Fruit Whole Wheat Roll Peach Pie	<b>19</b> <p style="text-align: center;"><b>CLOSED</b> in OBSERVANCE of WV DAY!</p>
<b>22</b> Chicken Patty on Bun w/ lettuce & tomato Onion Rings Lima Beans Pineapple Chunks, Yogurt	<b>23</b> Swiss Steak w/ tomatoes & onions Potato Wedges Corn Broccoli Salad Fruit, Whole Wheat Roll	<b>24</b> Pork Chop w/ Sauerkraut Parsley Potatoes Cooked Carrots Applesauce	<b>25</b> Baked Fish Tail Brown Rice w/ Black Beans Stewed Tomatoes Fresh Fruit Brownie	<b>26</b> Lasagna w/ meat sauce Garlic Bread Italian Veggies Salad Fresh Fruit
<b>29</b> Turkey, Dressing Supreme Sweet Potatoes Peas Fruit	<b>30</b> Polish Sausage w/ peppers & onions on Bun Baked Fries 3 Bean Salad Fruit & Cookie	Center is open Monday-Friday 8am-2pm Lunch served at Noon		
If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open.				<p style="text-align: center;"><b>MENU IS SUBJECT TO CHANGE</b></p>
If schools are dismissing early, we will be closed.				