


All meals include milk.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Vegetable Beef Soup Bologna & Cheese Sandwich w/ lettuce & tomato Peas Peach Crisp Wheat Crackers	5	6 BBQ Pork Chop Stuffing White Beans w/ Spinach Applesauce Coleslaw	7 Hobo Beans Stewed Tomatoes Broccoli Cornbread Honey Bun Fruit
10	11 CLOSED VETERANS DAY NO MEAL SERVICES	12	13 Fish Fillet on Bun Baked Fries Asparagus Fruit Coleslaw	14 Spaghetti w/ meat sauce Peas Garlic Bread Cottage Cheese Peaches
17	18 Ground Beef & Cabbage Casserole Cooked Carrots Peas Fruit Wheat Bread	19	20 THANKSGIVING LUNCH Turkey w/ Gravy, Stuffing Mashed Potatoes Green Beans Whole Wheat Roll Jellied Cranberry Sauce Pumpkin Pie TC	21 Swiss Steak w/ onions & to- matoes Baby Baker Potatoes Corn Mandarin Oranges Spinach Salad
24	25 Sausage Gravy/ Biscuit Egg & Cheese Omelet Home Fries Tropical Fruit Raw Bell Peppers	26	27 CLOSED HAPPY THANKSGIVING NO MEAL SERVICES	28 CLOSED NO MEAL SERVICES
				Center is open Tuesday, Thursday, Friday 1:30pm-3:30pm Meal served at 2:30pm
If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open.				

If schools are dismissing early, we will be closed.

MENU IS SUBJECT TO CHANGE