


All meals include milk.

**THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Fish Fillet w/ Wheat Bun California Blend Veggies Spinach Salad w/ Beets Applesauce	<b>2</b> Chili Dog w/ Bun Baked Beans Potato Wedges Yogurt Fruit Cocktail	<b>3</b> Fried Chicken Breast Scalloped Potatoes Cooked Carrots Wheat Roll Fruit, Cookie	<b>4</b> Hobo Beans Stewed Tomatoes Broccoli Biscuit Orange Juice, Dessert	<b>5</b> Shredded Chicken Taco Salad Refried Beans, Cornbread Mexican Corn Tortilla Chips Peaches
<b>8</b> Spaghetti w/ Meat sauce Garlic Wheat Bread Cooked Spinach Fruit Ice Cream	<b>9</b> Cheeseburger w/ Lettuce & Tomato Crinkle Cut Fries 3 Bean Salad Potato Chips	<b>10 HOLIDAY MEAL</b> Roast Beef w/ Gravy Mashed Potatoes Green Beans Wheat Roll Cake w/ Blueberry Topping TC	<b>11</b> Honey Mustard Chicken Macaroni Salad Peas & Corn Carrots Sticks w/ Dip Fresh Fruit	<b>12</b> Sausage Gravy w/ Biscuit Cheese Omelet Hash Browns Cooked Spinach Fresh Fruit
<b>15</b> Swiss Steak w/ Tomatoes & Onions Wheat Roll Potato Wedges Corn Fruit	<b>16</b> Liver & Onions or Chicken Mashed Potatoes w/ Gravy Cooked Carrots Fruit Dessert	<b>17</b> Pepperoni & Cheese Pizza Italian Veggies Salad w/ Diced Ham Cottage Cheese w/ Cherry Tomatoes Orange, Dessert	<b>18</b> Baked Fish Tail Brown Rice w/Pinto Beans Broccoli Wheat Bread Pineapple Chunks Pudding	<b>19</b> Chicken Sandwich w/ Lettuce & Tomato Mac & Cheese Salad Greens w/ Beets Peaches
<b>22</b> Philly Cheesesteak Sub w/ Peppers & Onions Stewed Tomatoes Carrot Sticks w/ Dip Banana, Honey Bun	<b>23</b> Chicken Tenders Potato Salad Lima Beans Mixed Berries Biscuit, Dessert	<b>24</b> Meatloaf Scalloped Potatoes Green Beans, Wheat Roll Salad w/ Tomatoes Fruit	<b>25</b> Hot Turkey Sandwich w/ Gravy Mashed Potatoes Broccoli Grapes	<b>26</b> COOK'S CHOICE!
<b>29</b> Ham & Cheese Sub Tater Tots Salad Greens w/ Beets Yogurt Fruit Cookie	<b>30</b> Pork Chops w/ Gravy Stuffing White Beans w/ Spinach Peas & Corn Fresh Fruit	Center is open Monday-Friday 10am - 2pm  MENU WILL BE SUBJECT TO CHANGES		

If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open.

If schools are dismissing early, we will be closed.

Menu is subject to change.