Capon Valley View: 304-856-3650 APRIL 2024

Administration Office: 304-822-2465

All meals include milk.	THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Chili Dog w/ Bun Baked Beans Potato Wedges Yogurt Fruit Cocktail	3	4	5 Shredded Chicken Taco Salad Refried Beans, Cornbread Mexican Corn Tortilla Chips Peaches
8	9 Cheeseburger w/ Lettuce & Tomato Crinkle-Cut Fries 3 Bean Salad Potato Chips	10	11	12 Sausage Gravy w/ Biscuit Cheese Omelet Hash Brown Cooked Spinach Fresh Fruit
15	16 Liver & Onions or Chicken Mashed Potatoes w/ Gravy Cooked Carrots Fruit Dessert	17	18	19 Chicken Sandwich w/ Lettuce & Tomato Mac & Cheese Salad Greens w/ Beets Peaches
22	23 Chicken Tenders Potato Salad Lima Beans Mixed Berries Biscuit, Dessert	24	25	COOK'S CHOICE
29	30 Pork Chops w/ Gravy Stuffing White Beans & Spinach Peas & Corn Fresh Fruit	Center is open 9am-2pm Tuesday & Friday Lunch is served at 12 noon	App	zil **
If schools are closed due to road co		rvices are closed. If schools are on a 2	hour delay, we will be open.	Menu is subject to change.