



All meals include milk.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fish Fillet w/ Bun California Blend Vegetables Spinach Salad w/ Beets Applesauce	2	3	4 Shredded Chicken Taco Salad Refried Beans, Cornbread, Mexican Corn, Brown Rice Tortilla Chips Peaches
7	8 BBQ Beef Riblets Au Gratin Potatoes Brussel Sprouts Tropical Fruit Wheat Bread	9	10	11 Breaded Chicken Breast Macaroni Salad Peas & Corn Celery & Carrot Sticks w/ Dip Fresh Fruit
14	15 Swiss Steak w/ Mushrooms & Onions Mashed Potatoes Corn Fruit Whole Wheat Roll	16	17	18 CLOSED GOOD FRIDAY! NO MEAL SERVICES
21	22 Hot Turkey Sandwich w/ Gravy Mashed Potatoes Broccoli Fresh Fruit	23	24	25 Sloppy Joe w/ Cheese Baby Baker Potatoes Peas Applesauce Cookie
28	29 Turkey & Cheese Sub w/ Lettuce & Tomato Potato Salad Cucumber, Tomato Salad Yogurt & Fruit	30		CENTER IS OPEN 9AM-2PM TUESDAYS & FRIDAYS LUNCH IS SERVED NOON
If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.				MENU IS SUBJECT TO CHANGE