Home Delivered Meals for February 2022 Romney Senior Center: 304-822-2465 Administration Office: 304-822-4097

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Hot Dog Baked Beans Tater Tots Fruit Dessert	2 Chicken Noodle Soup Egg Salad on Wheat Bread Fruit Dessert	3 Pork BBQ on Bun Broccoli Bites Cole Slaw Fruit Dessert	4 Swiss Steak with Peppers & Onions Mashed Potatoes Spinach Salad & Beets Fruit
7 Meat Balls Kale Side Salad Italian Bread Dessert	8 Chicken on Bun Celery & Carrot Sticks/Dip Oven Fried Potatoes Fruit	9 Ham & Beans Grilled Cheese Sandwich Stewed Tomatoes Side Salad Fruit	10 Swiss Chicken Macaroni & Cheese Succotash Biscuit Fruit	11 Pizza Rolls Green Beans Cottage Cheese Fruit Dessert
14 Beef Stew Ham & Cheese Sandwich Fruit Dessert	15 Taco Salad Mexican Corn Cornbread Fruit Dessert	16 Oven Roasted Fish Rice California Blend Multi-Grain Roll Fruit	17 Lasagna Green Beans Side Salad Italian Bread Fruit	18 Hot Turkey Sandwich Mashed Potatoes Cooked Carrots Fruit Dessert
21 Closed for Holiday President's Day	22 Fish Fillet on Bun Macaroni & Cheese Brussel Sprouts Spinach Salad Fruit	23 Hobo Beans Cornbread Stewed Tomatoes Jello w/ fruit Dessert	24 Meat Loaf Scalloped Potatoes Peas & Carrots Fruit Dessert	25 Pork Chop Dressing Sweet Potatoes Spinach & Beet Salad Fruit
28 Polish Sausage Sauerkraut Boiled Potatoes Pinto Beans Fruit		Menu is subject to change If schools are closed due to road conditions, senior centers are closed. If schools are on a 2 hour delay we will be open. If schools are dismissing early, we will be closed.		