

NOVEMBER 2023


Springfield Senior Center - The Cottage: 304-822-7627

Administration Office: 304-822-4097

All meals include milk.

Dinner served at 4 pm.

THE OLDER AMERICANS ACT NUTRITION PROGRAM – Please give whatever you can; help us help others.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Taco Casserole Corn Salad Cornbread Dessert	3 Chicken Tenders Mashed Potatoes Carrots Biscuit Fruit or Dessert
6	7 Chicken Noodle Casserole Broccoli Salad Garlic Bread Dessert	8	9 Vegetable Beef Soup PB & J Sandwich Potato Chips Fruit Dessert	10 CLOSED VETERANS DAY OBSERVED NO MEAL SERVICES 
13	14 Potato Soup Hot Ham/Cheese Sandwich Deviled Egg Fruit Dessert	15	16 Salmon Cakes Mac & Cheese Broccoli Roll Fruit	17 THANKSGIVING MEAL Turkey & Dressing Mashed Potatoes w/ Gravy Green Beans Roll Pumpkin Pie
20	21 Chicken Fillet on Bun Lettuce & Tomato Corn Broccoli Fruit, Dessert	22	23 CLOSED THANKSGIVING DAY! NO MEAL SERVICES 	24 CLOSED NO MEAL SERVICES
27	28 Sausage Gravy w/ Biscuit Scrambled Egg Bake w/ Veg- gies & Cheese Hashbrown Baked Apples	29 Center is open 2:00PM-5:00PM Tues., Thurs. & Fri.	30 Fish Fillet on Bun Mac & Cheese Spinach Fruit Dessert	

If schools are closed due to road conditions, senior centers and meal services are closed. If schools are on a 2 hour delay, we will be open. If schools are dismissing early, we will be closed.

Menu is subject to change.